



KINDNESS BINGO!

Small acts. Big impact. 

BE KIND.
BE YOU. 

Complete acts of kindness and mark them off!
Get 5 in a row (across, down, or diagonal) and
you're a kindness champion! 

KIND PEOPLE
MAKE THE
WORLD
BETTER! 

Say something kind to someone. 	Help someone with a chore. 	Give someone a genuine compliment. 	Hold the door open for someone. 	Write a thank you note. 
Share something with others. 	Let someone go ahead of you. 	Make someone smile. 	Invite someone to play or sit with you. 	Take care of something without being asked. 
Pick up litter and help keep our world clean. 	Check on someone who looks sad. 	FREE SPACE 	Draw a picture or write a kind message for someone. 	Give a hug (with permission). 
Listen to someone with care. 	Make or do something for your family. 	Leave a kind note for someone to find. 	Tell a joke and make someone laugh. 	Donate toys, books, or clothes. 
Water a plant or help care for nature. 	Encourage someone who is trying hard. 	Do something nice for a teacher. 	Say "I'm sorry" if you make a mistake. 	Be patient and take deep breaths. 

Kindness
is always
in style. 

I did it!
I chose kindness! 



Kaleidoscope
COUNSELING, PLLC

Finding Beauty in the Fragments of Life 