



# Kaleidoscope Counseling

## Welcome to Therapy

- New client documents- some have to done every year**
- What you can expect from your therapist/ What is expected of you the client**
- Confidentiality**
  - HIPAA**
  - Limits to confidentiality- only 3, all safety based**
  - Do Not record sessions**
  - Do not bring any other humans to session without discussing it first with your therapist**
  - Release of Information**
  - if you see your therapist in public**
  - use of public social media accounts**
- Late cancellation policy is strictly enforced- per your signed policy forms**
  - 24 hours notice required- contact your therapist directly**
  - \$100 late cancel fee**
  - \$150 no show fee**
  - \*15 minutes past the start of session is considered a no show**
  - chronic tardiness may forfeit your saved spot in the schedule**
  - repeated missed appointments forfeit your saved spot in the schedule**
- Telehealth rules**
  - must be in the state of Oklahoma**
  - must have strong internet connection and working device**
  - must have privacy to host session**
  - CANNOT be driving**
  - Video must be on**
- Frequency of session- how often will we see each other**
- Duration of sessions is 55-60 minutes, must be present for the whole session**
- Copays/ balance are due at the time of session**
- Crisis/ Emergency Services**
  - 988**
  - list of hotlines**
  - resources**

